

## Mayo Clinic Sports Medicine’s Hockey Combine

### How do you match-up against your peers, elite players, and NHL professionals?

Mayo Clinic Sports Medicine in partnership with HockeyTech™, brings expertise in player performance testing to benchmark your score as an individual player against other youth, college, and professional player performance data to identify areas players need to improve on in order to reach the next level.

Through this Combine, you will benefit from pairing nutrition and the latest in performance education from EXOS – a pioneer in human performance – with on-ice testing, which uses HockeyTech Testing™. Athletes will receive their HockeyTech Testing Index (HTI) Report Card, which provides an accurate, standardized benchmark of their current abilities including forward and backward skating, puck control, and reaction time. **The HTI scores are then entered into HockeyTech Ops™, the go-to technology for hockey scouting and player management.**

Mayo Clinic Sports Medicine’s Hockey Combines will be offered on the following dates and at the following locations:

**Saturday, June 13, 2015**

Rochester Recreation Center  
8AM –11:30AM and 1PM – 4:30PM

**Sunday, June 14, 2015**

Edina Braemar Arena  
8AM –11:30AM and 1PM – 4:30PM

*Registration for the event begins 45 minutes prior to your AM or PM session*

Training day includes 90 minutes of on-ice testing – consisting of 14 drills to test forward and backward skating, puck control, and reaction times – along with 90 minutes of nutrition and performance training education.

The combine training is open to all individuals 12 years and older, as well as teams.

Price per athlete .....\$115

**Space is limited – To reserve your spot in Rochester call 507-266-9100, or for Minneapolis call 612-313-0520.**

To learn more about our hockey performance program offerings, visit [sportsmedicine.mayoclinic.org](http://sportsmedicine.mayoclinic.org)

