



JOIN US
THURS, DEC 8
4:30 PM – 6:30 PM

Special promotions:
Free \$20 gift certificate when you
purchase \$100 in gift certificates
and 15% off all skin care products*

*15% discount valid while supplies last



HOLIDAY OPEN HOUSE

You're invited to bring your friends and family to experience
the Healthy Living Program and Rejuvenate spa.



**HEALTHY
LIVING
PROGRAM**

Complimentary Experiences:

Enjoy relaxing massage, nail and skin care services
Participate in a cooking demonstration with our Executive Wellness Chef
Learn new techniques for adding movement into your day

Dan Abraham Healthy Living Center / Floor 5 / 565 First Street SW / Rochester, MN / 507.293.2933 / healthyliving.mayoclinic.org